



INTAKE FORM

Date ____/____/____

Name: _____

Address: _____

Home Phone: _____ Cell: _____

Okay to leave voicemail? ____ Yes ____ No Email: _____

Date of Birth: _____ Age: _____ Gender: _____

Emergency Contact: _____ Phone: _____

Relationship to Client: _____

Occupation: _____ Current Employer: _____

Insurance Carrier: _____

Referral Source (i.e. Psychology Today, Primary Care Provider, Psychiatrist, friend):

Briefly Describe your reasons for seeking counseling: _____

Please check all concerns that are troubling you:

- | | | |
|---|--|--|
| <input type="checkbox"/> Depression | <input type="checkbox"/> Loneliness/shyness | <input type="checkbox"/> Identity concerns |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Romantic/Marital problems | <input type="checkbox"/> Cultural Issues |
| <input type="checkbox"/> Stress | <input type="checkbox"/> Coping with break-up | <input type="checkbox"/> Discrimination |
| <input type="checkbox"/> Anger/Hostility | <input type="checkbox"/> Expressing feelings | <input type="checkbox"/> Friendship problems |
| <input type="checkbox"/> Self-cutting/self-harm | <input type="checkbox"/> Self-esteem | <input type="checkbox"/> Insomnia |
| <input type="checkbox"/> Suicide concerns | <input type="checkbox"/> Assertiveness problems | <input type="checkbox"/> Health concerns |
| <input type="checkbox"/> Substance abuse | <input type="checkbox"/> Family issues | <input type="checkbox"/> Sexual concerns |
| <input type="checkbox"/> Sexual abuse | <input type="checkbox"/> Interpersonal Violence | <input type="checkbox"/> Sexual Orientation |
| <input type="checkbox"/> Sexual Assault | <input type="checkbox"/> Harassment/Stalking | <input type="checkbox"/> Career concerns |
| <input type="checkbox"/> Trauma | <input type="checkbox"/> Grief | <input type="checkbox"/> Pregnancy |
| <input type="checkbox"/> Fertility/Miscarriage | <input type="checkbox"/> Body Image | <input type="checkbox"/> Procrastination |
| <input type="checkbox"/> Legal Issues | <input type="checkbox"/> Financial Concerns | <input type="checkbox"/> Learning Disability |
| <input type="checkbox"/> ADHD | <input type="checkbox"/> Memory Issues | <input type="checkbox"/> Caregiver concerns |

Have you had prior counseling or psychotherapy? Yes No

If yes, please specify dates, duration and issues addressed:

Medications (including herbal supplements):

Current: _____

Past: _____

Prior hospitalization: Yes No If yes, please provide dates and reason for hospitalization: _____

Relationship Status: Single Married Partnered Separated Divorced

Widowed

Partner's Name _____ Age: _____ Occupation: _____

Signature: _____ Date: _____